

Rock Valley Swimming Pool

Learn-to-Swim Class Schedule 2020

Reserve a time slot for on-site registration at the pool here

<https://bit.ly/2XiRxeZ>

During this season, we will be lowering the number of participants & practice social distancing.

Session #1: June 8-19	Session #2: June 22-July 3	Session #3: July 6-17
11:00-11:45am Level 2, 3, 4, 5 11:45am-12:15 Level 1* 11:45am-12:15pm Level 6 11:45-12:15pm Jr. Lifeguarding (June 8-12) 12:15-12:45pm Mudturtles (June 8-12) 5:00-5:30pm Sunfish (June 8-12) 5:30-6:00pm Guppies (June 8-12) Lifeguard Training Course: May 26-30 *minimum grade level: completed Kindergarten May 2020	10:00-10:45am Level 3, 4, 10:00-10:30am Mudturtles (June 22-26) 10:00-10:30am Sunfish (June 29-July 3) 10:30-11:00am Level 1* 11:00-11:45am Level 2, 3, 4, 5 11:30am-12pm Level 6 11:45am-12:15pm Guppies (June 22-26) 11:45am-12:15pm Tadpoles (June 29-July 3) *minimum grade level: completed Kindergarten May 2020	9:00-9:45am Level 2, 3, 4, 5 9:30-10:00am Level 6 9:30-10:00am Level 1 10:00-10:45am Level 2, 3, 4, 5 11:00-11:45am Level 3, 4, 5 11:00am-11:30am Mudturtles (July 6-10) 11:30am-12pm Guppies (July 6-10) 11:00-11:30am Sunfish (July 13-17) 5:00-5:30pm Mudturtles (July 13-17) 5:30-6:00pm Tadpoles (July 13-17) *minimum grade level: completed Kindergarten May 2020
Preschool Aquatics: (ages 4-6 yrs): When registering please register your child at the appropriate level (must be mature enough to follow instructions from instructors). <u>Guppies (Level A)</u> - This level is an orientation to water for children who are uncomfortable putting their face in water. Also for the child who cannot float without support on their back or front. <u>Mudturtles (Level B)</u> -Prerequisite for level B: Children will put their face in the water and blow bubbles. They are comfortable lying on their back and front with support <u>Sunfish (Level C)</u> -Prerequisite for level C: Successfully passed level B or can front float for 10 seconds and back float for 20 seconds without support. "Swim" on front and back without support for 8 yards. Note: For safety purposes, parents may be required to accompany child in water for all Preschool Aquatics. Class size=6 students		Tadpoles (ages 1-3 yrs): Parents and children learn together to increase a child's comfort level in the water and build a foundation of basic skills, such as arm and leg movements and breath control, while also educating parents in water safety. NOTE: Parent <u>must</u> accompany child in water. Class size=6 students Lesson Fees: All Learn-to-Swim Classes/Junior Lifeguarding \$20.00/student Lifeguard Training \$185.00/student Private Swim Lessons - (5) 30-minute Classes \$75.00/student Semi-Private Swim Lessons (5) 30-minute Classes \$140.00/pair <i>*all payments must be included at time of registration</i>

Additional schedules & complete class information can be found at
<https://www.cityofrockvalley.com/web/swimming-pool/#> or City of Rock Valley's Facebook page
 Questions? Email rvpool@cityofrockvalley.com

Swimming Lesson Procedures:

*If you are unable to reserve & attend a time to sign up at the pool on May 29 or June 2, please call or stop by the pool weekdays in the morning or late afternoon.

*A complete description/guidelines of classes can be found at <https://www.cityofrockvalley.com/web/swimming-pool/#> *Contact the pool manager or certified instructor with questions.*

IMPORTANT COVID-19 information:

1. During this session we are lowering numbers of participants and practice social distancing.
2. If you have a child in preschool classes, one adult may be required to be in the water so the adult can help assist in skills.
3. Please keep your student at home if he/she is feeling ill or has a fever.
4. The pool will operate with CDC considerations for healthy behaviors & state safety measures.

* Low Enrollment Policy

In the event that there are less than 3 students in a class, you may be required to switch times to properly fill classes.

*All classes are two weeks, Monday-Friday (unless noted). Please note: participants who miss more than two classes are disqualified from passing per Red Cross requirements. (If you are interested in making up days, please check with the pool manager for possible options.)

*In case of inclement weather or pool maintenance, please call the pool before arriving. All announcements will also be posted on the City of Rock Valley FACEBOOK page.

*Make-up days for weather or pool maintenance *may* be required on Saturday morning(s) or during late-afternoon/evening hours.

*Parents/Family/Friends are encouraged to watch the swimmers! But, for the safety of patrons and consideration of the instructors, **ONLY STUDENTS** are allowed in the pool area during public or private lessons. A grass area next to the training pool and shaded area in the park are great places to view the classes—lawn chairs are welcome! Your help is appreciated!

The Red Cross has determined that the quality of instruction has often been affected by parent and/or sibling distraction, interruptions, or various other concerns that may interfere with class interactions.

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